

Name	Swim	Bike Out	In From Bike	Run Out	Finish	Swim	T1	Bike	MPH ave.	T2	Run	Run/mi	Final Time	Race #
Mike Chinn	0:06:46	0:09:28	0:46:12	0:46:30	1:03:45	0:06:46	0:02:42	0:36:44	19.76	0:00:18	0:17:15	0:06:54	1:03:45	53
Paul Duncan	0:07:07	0:09:55	0:48:44	0:49:12	1:08:25	0:07:07	0:02:48	0:38:49	18.70	0:00:28	0:19:13	0:07:41	1:08:25	13
Melissa Palmer	0:06:29	0:09:42	0:48:49	0:49:35	1:10:59	0:06:29	0:03:13	0:39:07	18.56	0:00:46	0:21:24	0:08:34	1:10:59	20
Bryan Brecher	0:06:22	0:09:48	0:51:04	0:51:48	1:11:50	0:06:22	0:03:26	0:41:16	17.59	0:00:44	0:20:02	0:08:01	1:11:50	76
Kevin DeGough	0:07:42	0:12:21	0:53:22	0:54:20	1:16:20	0:07:42	0:04:39	0:41:01	17.70	0:00:58	0:22:00	0:08:48	1:16:20	77
Michelle White	0:09:08	0:13:24	0:55:32	0:56:30	1:16:41	0:09:08	0:04:16	0:42:08	17.23	0:00:58	0:20:11	0:08:04	1:16:41	30
Josh Holland	0:07:57	0:12:17	1:00:06	1:00:49	1:18:46	0:07:57	0:04:20	0:47:49	15.18	0:00:43	0:17:57	0:07:11	1:18:46	80
Jacob Holland	0:08:25	0:13:40	1:02:49	1:03:39	1:22:39	0:08:25	0:05:15	0:49:09	14.77	0:00:50	0:19:00	0:07:36	1:22:39	81
Deborah Choltko	0:09:57	0:14:28	0:59:07	1:00:38	1:23:09	0:09:57	0:04:31	0:44:39	16.26	0:01:31	0:22:31	0:09:00	1:23:09	59
Michael Close	0:08:24	0:13:26	0:58:59	1:00:28	1:23:11	0:08:24	0:05:02	0:45:33	15.94	0:01:29	0:22:43	0:09:05	1:23:11	61
Maia Healy	0:07:32	0:12:10	1:01:18	1:01:54	1:24:01	0:07:32	0:04:38	0:49:08	14.78	0:00:36	0:22:07	0:08:51	1:24:01	52
Joanna Watsworth	0:08:12	0:11:55	1:00:49	1:01:58	1:24:51	0:08:12	0:03:43	0:48:54	14.85	0:01:09	0:22:53	0:09:09	1:24:51	66
Katy Mason	0:06:00	0:11:47	1:00:00	1:02:21	1:27:04		0:05:47	0:48:13	15.06	0:02:21	0:24:43	0:09:53	1:27:04	71
Amy Glowniak	0:08:03	0:13:05	1:01:33	1:02:03	1:27:59	0:08:03	0:05:02	0:48:28	14.98	0:00:30	0:25:56	0:10:22	1:27:59	51
Steve Mlynarczyk	0:08:53	0:14:22	1:01:22	1:02:49	1:28:11	0:08:53	0:05:29	0:47:00	15.45	0:01:27	0:25:22	0:10:09	1:28:11	79
Patrick De Keijer	0:09:53	0:14:51	1:04:25	1:05:26	1:28:23	0:09:53	0:04:58	0:49:34	14.65	0:01:01	0:22:57	0:09:11	1:28:23	57
CoCo Salah	0:07:25	0:11:45	1:01:11	1:02:23	1:28:39	0:07:25	0:04:20	0:49:26	14.69	0:01:12	0:26:16	0:10:30	1:28:39	64
Celeste Tunnell	0:09:37	0:14:30	1:04:40	1:05:25	1:29:33	0:09:37	0:04:53	0:50:10	14.47	0:00:45	0:24:08	0:09:39	1:29:33	68
Rob Adams	0:08:40	0:13:11	1:01:28	1:02:52	1:29:53	0:08:40	0:04:31	0:48:17	15.04	0:01:24	0:27:01	0:10:48	1:29:53	1
Dass McMullan	0:12:15	0:24:31	1:07:03	1:07:27	1:30:48	0:12:15	0:12:16	0:42:32	17.07	0:00:24	0:23:21	0:09:20	1:30:48	63
Diane Harris	0:10:39	0:17:48	1:05:36	1:07:16	1:31:22	0:10:39	0:07:09	0:47:48	15.19	0:01:40	0:24:06	0:09:38	1:31:22	23
Jay Childers	0:07:01	0:12:24	1:08:38	1:09:01	1:31:28	0:07:01	0:05:23	0:56:14	12.91	0:00:23	0:22:27	0:08:59	1:31:28	9
Amy Cropper	0:10:33	0:16:54	1:08:04	1:09:06	1:31:54	0:10:33	0:06:21	0:51:10	14.19	0:01:02	0:22:48	0:09:07	1:31:54	70
Lynn McMullan	0:09:25	0:15:08	1:05:09	1:06:59	1:33:27	0:09:25	0:05:43	0:50:01	14.52	0:01:50	0:26:28	0:10:35	1:33:27	62
Kendal Davis	0:08:31	0:13:53	1:07:56	1:09:22	1:33:29	0:08:31	0:05:22	0:54:03	13.43	0:01:26	0:24:07	0:09:39	1:33:29	12
Tally Hoham	0:09:52	0:16:04	1:07:32	1:09:04	1:35:32	0:09:52	0:06:12	0:51:28	14.11	0:01:32	0:26:28	0:10:35	1:35:32	65
Joshua Keilty	0:10:12	0:16:49	1:04:21	1:06:33	1:35:50	0:10:12	0:06:37	0:47:32	15.27	0:02:12	0:29:17	0:11:43	1:35:50	17
Sara Hans	0:07:45	0:13:55	1:11:46	1:12:08	1:37:21	0:07:45	0:06:10	0:57:51	12.55	0:00:22	0:25:13	0:10:05	1:37:21	60
Jesse Horne	0:11:29	0:17:47	1:12:02	1:12:30	1:37:52	0:11:29	0:06:18	0:54:15	13.38	0:00:28	0:25:22	0:10:09	1:37:52	15

Heidi Bennett	0:09:07	0:15:00	1:09:41	1:11:23	1:38:26	0:09:07	0:05:53	0:54:41	13.28	0:01:42	0:27:03	0:10:49	1:38:26	4
Sherry Harney	0:10:06	0:17:07	1:11:24	1:13:52	1:38:35	0:10:06	0:07:01	0:54:17	13.37	0:02:28	0:24:43	0:09:53	1:38:35	56
Diane Blazer	0:09:41	0:17:22	1:13:06	1:14:18	1:40:19	0:09:41	0:07:41	0:55:44	13.03	0:01:12	0:26:01	0:10:24	1:40:19	5
Jennifer Turchin	0:10:36	0:16:15	1:14:13	1:14:58	1:41:47	0:10:36	0:05:39	0:57:58	12.52	0:00:45	0:26:49	0:10:44	1:41:47	26
Julie Hall	0:11:06	0:20:56	1:13:37	1:16:58	1:43:11	0:11:06	0:09:50	0:52:41	13.78	0:03:21	0:26:13	0:10:29	1:43:11	69
Tina Decola	0:09:49	0:16:59	1:10:59	1:12:55	1:44:17	0:09:49	0:07:10	0:54:00	13.44	0:01:56	0:31:22	0:12:33	1:44:17	24
Julie Holt	0:08:07	0:13:06	1:15:47	1:17:04	1:45:57	0:08:07	0:04:59	1:02:41	11.58	0:01:17	0:28:53	0:11:33	1:45:57	14
Anne McGuire	0:10:15	0:15:33	1:14:31	1:17:05	1:46:16	0:10:15	0:05:18	0:58:58	12.31	0:02:34	0:29:11	0:11:40	1:46:16	28
Pam Snyder	0:10:17	0:18:29	1:17:01	1:20:19	1:51:35	0:10:17	0:08:12	0:58:32	12.40	0:03:18	0:31:16	0:12:30	1:51:35	58
Dillion Martin	0:11:19	0:20:03	1:23:15	1:24:59	1:52:14	0:11:19	0:08:44	1:03:12	11.49	0:01:44	0:27:15	0:10:54	1:52:14	18
Shannon Martin	0:11:21	0:20:05	1:23:14	1:24:58	1:52:14	0:11:21	0:08:44	1:03:09	11.50	0:01:44	0:27:16	0:10:54	1:52:14	19
Natalie Carson	0:12:14	0:19:28	1:23:02	1:25:00	1:52:52	0:12:14	0:07:14	1:03:34	11.42	0:01:58	0:27:52	0:11:09	1:52:52	8
Neil Batoon	0:13:14	0:24:04	1:25:22	1:27:08	1:53:42	0:13:14	0:10:50	1:01:18	11.84	0:01:46	0:26:34	0:10:38	1:53:42	3
Brandy Davis	0:10:32	0:19:25	1:20:06	1:22:32	1:55:20	0:10:32	0:08:53	1:00:41	11.96	0:02:26	0:32:48	0:13:07	1:55:20	11
Beth Deese	0:10:10	0:16:42	1:19:06	1:21:22	1:55:40	0:10:10	0:06:32	1:02:24	11.63	0:02:16	0:34:18	0:13:43	1:55:40	82
Nancy Karn	0:11:45	0:20:01	1:25:15	1:27:30	1:56:14	0:11:45	0:08:16	1:05:14	11.13	0:02:15	0:28:44	0:11:30	1:56:14	16
Christine Cochran	0:10:55	0:18:45	1:25:00	1:27:20	1:57:05	0:10:55	0:07:50	1:06:15	10.96	0:02:20	0:29:45	0:11:54	1:57:05	83
Ione Conquey	0:06:00	0:12:22	1:15:33	1:16:56	1:58:38		0:06:22	1:03:11	11.49	0:01:23	0:41:42	0:16:41	1:58:38	10
Brandy DePorter	0:08:13	0:14:55	1:20:46	1:22:41	2:00:07	0:08:13	0:06:42	1:05:51	11.03	0:01:55	0:37:26	0:14:58	2:00:07	55
Matt Vorce	0:19:36	0:29:40	1:31:08	1:32:55	2:01:02	0:19:36	0:10:04	1:01:28	11.81	0:01:47	0:28:07	0:11:15	2:01:02	78
Michelle Benda	0:11:52	0:19:58	1:27:45	1:29:11	2:02:08	0:11:52	0:08:06	1:07:47	10.71	0:01:26	0:32:57	0:13:11	2:02:08	29
Kathy Ananoff	0:15:09	0:25:51	1:11:00	1:24:33	2:04:54	0:15:09	0:10:42	0:45:09	8.11	0:13:33	0:40:21	0:16:08	2:04:54	200/84
Jenny Rash	0:10:40	0:18:50	1:27:17	1:29:53	2:08:08	0:10:40	0:08:10	1:08:27	10.61	0:02:36	0:38:15	0:15:18	2:08:08	67
Natalie Perdomo	0:19:14	0:30:15	1:43:21	1:45:27	2:13:09	0:19:14	0:11:01	1:13:06	9.93	0:02:06	0:27:42	0:11:05	2:13:09	21
Theresa Houchin	0:06:00	0:16:17	1:55:16				0:10:17	1:38:59	7.33		0:00:00	0:00:00	0:00:00	54